

# BREAKFAST

FROM 06.30 A.M. TO 10.30 A.M.

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## FRESH FARM EGGS

### TWO FREE - RANGE EGGS

Fried | Poached | Boiled | Scrambled

### CREATE YOUR OWN OMELETTE

*With your selection of:* Ham | Cheese | Peppers | Spring Onions

Tomatoes | Mushrooms

### EGGS BENEDICT

English Muffin | Grilled Bacon | Poached Egg | Hollandaise Sauce

### EGGS FLORENTINE

English Muffin | Spinach | Poached Egg | Hollandaise Sauce

### EGGS ROYALE

English Muffin | Salmon | Poached Egg | Hollandaise Sauce

## THAI AND ASIAN DISHES

### KAOW PHAD

Wok fried rice with spring onion, tomatoes and egg

### PHAD SEE EIW

Wok fried rice noodles with vegetables and egg

### RICE PORRIDGE

Rice porridge with ginger, spring onion and egg

### KAOW TOM

Boiled rice with garlic, spring onion and egg

### KUEY TEOW

Rice noodle soup with vegetables

### PHAD THAI

Wok fried rice noodles with tamarind sauce, egg and tofu

*Combine above with your selection of:* Shrimp | Chicken | Pork

### CHIA PUDDING

Served with Coconut Milk, Honey and seasonal fruits

## SWEET CLASSICS HOME MADE PASTRY

Plain Croissant | Whole Wheat Croissant | Chocolate Croissant | Danish  
White Toast | Whole Wheat Toast | English Muffin | Baguette | Multigrain

*Served with your selection of:* Unsalted Butter | Salted Butter | Strawberry Jam  
Orange Jam | Peanut Butter | Nutella

### GLUTEN FREE BRIOCHE FRENCH TOAST

Seasonal Compote | Maple Syrup | Salted Butter

### CEREALS

Corn Flakes | Koko Krunch | All-Bran | Granola | Bran Flakes

*Served with your selection of milk:* Whole | Low Fat | Soy | Oat | Almond

### OATMEAL

*Served with your selection of milk:* Whole | Low Fat | Soy | Oat | Almond

### WAFFLES OR PANCAKES

*Served with your selection of:* Honey | Maple Syrup

### YOGHURT

Coconut (Vegan) | Strawberry | Raspberry | Passion Fruit | Plain Yoghurt

### COLD CUTS

Smoked Salmon | Smoked Duck Breast | Salami | Parma Ham

### CHEESE

Brie | Cheddar | Gruyere | Parmesan | Blue cheese

*Served with your selection of:* Dried fruits | Nuts | Crackers

### FRESH CUT FRUITS

Melon | Mango | Papaya | Dragon Fruit

### SELECTION WHOLE FRUITS

Banana | Grape | Orange

## VEGETARIAN

### TWO FREE - RANGE EGGS

Fried Potato | Grilled Smoked Tofu | Baked Beans | Grilled Tomato

Mixed Salads

### VEGAN BREAKFAST

Potato Rosti | Smoked Tofu | Crushed Avocado | Sautéed mushrooms

Baked beans

### SALADS

Caesar Salad Plain

Mixed Green Salad

*Served with:* Cherry Tomatoes | Cucumber | Carrot | Radish | Balsamic

Olive Oil

## BEVERAGES

### HOT AND ICED COFFEE

Black Coffee | Cappuccino | Latte

Mocha | Espresso | Double Espresso

### HOT AND ICED TEA

English Breakfast | Earl Grey | Jasmine

Pure Chamomile | Peppermint | Lemongrass

### FRUIT JUICE

Mango | Apple | Pineapple | Grapefruit

### FRESHLY SQUEEZED JUICE

Carrot | Ginger | Celery | Cucumber

Tomato | Beetroot | Orange | Watermelon

### MILK

Whole | Low Fat | Soy | Oat | Almond

## COLD PRESSED JUICES

### A-ROON-SAWAS

Carrot, Pineapple, Green Apple, Lemon, and Tomato  
(aids circulation)

### WAKE UP CALL

Carrot, Beetroot, Celery, and Ginger  
(aids circulation)

### GREEN WALL

Cucumber, Celery, Green Apple, and Lime  
(aids blood pressure)

### RUNG-A-ROON

Watermelon, Cucumber, and Ginger  
(help flush out toxins)

### 137 CM SPLASH

Passion Fruit, Pineapple, Carrot, and Orange  
(aids digestion)

### CALM & RELAX

Ginger, Carrot, Celery, and Lime  
(aids digestion)